



Break Free From Busy:

simple to-do list solutions

Feel like you've worked all day but got nothing done?

Unsure how to prioritize, and overwhelmed by too many urgent tasks?

Stop feeling frazzled. Prioritize your time, energy, and attention.

Create time blocks to batch, theme, and focus on your tasks.

Start your day, week, or month with a CLEAR plan.

BREAK FREE FROM THE NEVER-ENDING TO-DO LIST!

**“I can face Q4
with energy &
excitement”**

*Today I took a 'should' off my plate that
has been a mental burden for MONTHS.*

*I can face Q4 with energy and
excitement instead of dread.*

- Melinda McKee

Founder, Memento and Muse

LEARN HOW TO:

- ✓ Name & claim your calendar **for focused work**
- ✓ **Optimize your energy** with task and time-blocking
- ✓ **Reflect, Plan, & Prioritize with the Powered Path Method™**

PLAY VIDEO



PERFECT FOR PEOPLE WHO:

- Are **drowning in to-dos**
- **Juggle multiple projects** or roles
- Crave a **simple, effective system** to prioritize & focus

 **SCHEDULE YOUR
CONNECTION CALL**