



The Relentless Pursuit of More:

prioritizing what truly matters

*Always reaching for the next big goal, even when you can't define it?
Waiting for 'someday' to change habits, risking health or relationships?*

Stop the cycle of unsustainable goals or waiting until you've reached an arbitrary milestone to define your success. Say goodbye to busyness & burnout and **realign your time, focus, and energy.**

It's time to find your meaningful 'more'.

“a message that the world needs”

Often, the world gives us the script of wanting to be more and do more. Marcey shares her hard-earned lessons on how we can truly find our best selves.

- Karla Koehler
Senior Revenue Tax Specialist
Nebraska Department of Revenue

LEARN HOW TO:

- ✓ **Reflect & Reassess** to prioritize what truly matters
- ✓ Shift to **Health before Hustle**
- ✓ Create **sustainable, meaningful goals** for health, relationships, and career

PLAY VIDEO



PERFECT FOR PEOPLE WHO:

- Feel overwhelmed, behind in goals, or burned out
- Are sacrificing health and relationships to get ahead
- Seek a fulfilling, sustainable life